



# The Mayflower “LOG”

Mayflower Congregational United Church of Christ  
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*We are a people of faith on a journey with Christ.*

*Sunday – In person and Virtual worship at 11:00 am  
Transformation Station – Sunday School 9:45 a.m.  
Adult Bible Study by Zoom*

*March 16, 2023 – (9:00 – 10:30) Mayflower Church Community FoodShare*

## WHO ARE WE?

Mayflower opens its heart, faith, and building to a wide variety of community ministries. These include AA and NA support groups, City Elite and Sweethearts Dance teams, emergency shelter for neighboring Liberty School, Calico Kids Preschool, Girls Scouts, and shared space with another church. Mayflower is an Open and Affirming church that welcomes LGBTQIA+ to be a part of the church family. Mayflower’s motto is: “We are a people of faith on a journey with Christ.” We invite you to join the journey. No matter who you are or where you are on life’s journey, you are welcome here.

Mayflower has a dedicated belief that we need to connect with the community in helpful ways. The mission and outreach board supports a Mayflower Food Share one Saturday a month as well as appointments, free coat rack, Little Free Library and reading bench. The Sunday School organizes a variety of service projects. A multi-generation group supports the Siouxland Back Pack program by filling bags of weekend food for Sioux City school students

### *Do we see Mayflower in this quote?*

“Sunday morning is not my most important day. I don’t want to pastor a church that only has church on Sunday and Bible study on Wednesday. I do Sunday morning to gather the troops for Monday.”

Quote from Pastor Darius Pridgen 2-13-2023, Buffalo , New York. True Bethel Baptist Church. His church reaches out all week to the community doing God’s work for those in need.

## REFLECTIONS FOR March 2024

Have you ever wondered what people are talking about when they say they’re giving something up for Lent? Do you want to understand what Lent is and how it relates to Easter? Lent is the 40 days (not including Sundays) from Ash Wednesday to the Saturday before Easter. Lent is often described as a time of preparation and an opportunity to go deeper with God. This means that it’s a time for personal reflection that prepares people’s hearts and minds for Good Friday and Easter.

### What Are the Key Days During Lent?

**Ash Wednesday** is the first day of Lent. You may have noticed people with a smudged, black cross on their foreheads. Those are ashes from the Ash Wednesday service. The ashes symbolize our grief for the things we’ve done wrong and the resulting division of imperfect people from a perfect God. **Maundy Thursday** is the day before Good Friday. It commemorates the night before Jesus died, when He shared the Passover meal with His closest friends and followers. **Good Friday** is the day Christians remember Jesus’ death. The “Good” reflects how Jesus’ death was a sacrifice on our behalf so we can receive God’s forgiveness for our wrongs, or sins.

**Easter Sunday** is the joyful celebration of Jesus rising from the dead to give us the opportunity of eternal life. While people still die, Jesus made the way for people to have a relationship with God in this life and to spend eternity with Him in heaven.

### What Happens During Lent and Why?

The three main things people focus on during Lent are prayer, fasting (abstaining from something to reduce distractions and focus more on God) and giving, or charity. **Prayer during Lent focuses on our need for God's forgiveness.** It's also about repenting (turning away from our sins) and receiving God's mercy and love. **Fasting, or giving something up, is a very common practice during Lent.** The idea is that giving up something that's a regular part of life, like eating dessert or scrolling through Facebook, can be a reminder of Jesus' sacrifice. That time can also be replaced with more time connecting with God. **Giving money or doing something good for others** is a way to respond to God's grace, generosity and love. For example, some people spend time volunteering or donate money they would normally use to buy something, like their morning coffee. It's important to note that doing these things can never make us earn or deserve Jesus' sacrifice or a relationship with God. People are flawed and will never be good enough for a perfect God. Only Jesus has the power to rescue us from ourselves.

Jesus sacrificed Himself on Good Friday to bear the punishment for all our wrongdoings and offer us forgiveness. He was raised from the dead on Easter Sunday to give us an opportunity to have a relationship with God for eternity. **Spending time during Lent praying, fasting and giving can make Jesus' sacrifice on Good Friday and His resurrection on Easter even more meaningful.**

## BIRTHDAYS -March 2024

### MARCH BIRTHDAYS



- |                                  |                                   |
|----------------------------------|-----------------------------------|
| 1 Megan Culbertson<br>John Meyer | 20 Ken Wells<br>Billy Morrison    |
| 3 Carter Baldes<br>Jay Roseburg  | 14 Sarah Baldes<br>28 Tricia Moon |
| 15 Aneesaha Davis                | 30 Kiley Elgert                   |
| 16 Arlene Baldes                 | 31 Elise Hultquist                |
| 17 Jane Cunningham               |                                   |
| 18 Mike Molden                   |                                   |

## PRAYER REMEMBRANCES March 2024



Our Prayers are offered for each one remembered in celebration, and in sorrow. Prayers are always needed and welcome by all members and families of Mayflower. To keep current, we will list any prayer requests that come in during the week, either by phone or email, and announce them during the Sunday worship service. We **ALWAYS** want to make sure your prayer requests are shared and addressed. We will ask that you keep previous prayer requests close to your heart from week to week, and we will list the most current ones.

\*We continue to remember our less mobile members and friends: Shirley, Dorothy M., Buddy, Kathy, and Joyce

(Please send your prayer requests to: [Mayflowerucc@gmail.com](mailto:Mayflowerucc@gmail.com))

Mayflower said good bye to Conrad Douglas on February 1, 2024. Please keep Conrad and his family in your prayers.



*In Loving Memory*  
*R. Conrad Douglas*  
*September 13, 1951 - January 27, 2024*

R. Conrad Douglas, 72, of Sioux City, IA, passed away January 27, 2024 at a hospital in Omaha, NE. A memorial service will be held Thursday, February 1st at 1:00 p.m. with a visitation one hour prior at Mayflower Congregational Church. Arrangements are under the direction of Waterbury Funeral Service of Sioux City. The service will be live streamed on the churches Facebook page at <https://www.facebook.com/MayflowerUCC/>

Conrad was born in Denver, CO to Franklin and Marjory (Rees) Douglas. He graduated in high school from Denver and continued his education. He received his undergraduate degree from the University of Chicago, master's degree from Northern Baptist, master's from Fuller Seminary, PhD from Claremont, and Doctorate from the University of Iowa. He was united in marriage to Lucinda Enander on June 7th, 1980. Conrad had a passion to help those in need; he was a very giving man who wanted to see a change in the world. He could be found protesting for a cause he believed in. He liked to keep up to date on the happenings of the world. He had a love for music, reading, activism and civil rights. Conrad practiced law for 26 years, consistently striving to help others. Conrad was a member of the Church of the Brethren, his strong faith was important to him, and he was always supportive of helping others on their journey. He enjoyed cooking, finding new local restaurants and coffee shops, playing chess and board games, hiking, and camping. He especially loved his dogs, having raised Boxers for most of his life

Those left to honor his memory include his wife Lucinda Douglas, children Colin A. Douglas (Lauren Moriva), Carl Douglas, Alina Douglas, and grandson Roland Douglas; sister, Sarah Miller (Vernon Miller); nephew Vernon A. Miller; and niece Rachel Martin; along with many brothers-in-law, sisters-in-law, and nieces and nephews.

He is preceded in death by his parents, and sister Cynthia Douglas

***From Lucinda Douglas:***

Dear Mayflower Church Family:

Thank you so much for all you did to help make Conrad Douglas' memorial special. Conrad loved pie and coffee and so thanks to all who organized and brought pie. The pie was delicious, and I know Conrad would have loved it.

I know Conrad had strong opinions about things and may have challenged you. I know he often challenged me and it helped me to think about things with a different perspective. He always said I was his "truth giver" and he was mine, too.

Thank you seems so inadequate for all your prayers, love, and comfort you have expressed and extended to me and my family. I am grateful for all the love you have shown me and my family, including Ana, our Boxer dog. Ana was very important to Conrad, too.. She is having a hard time, too, not understanding where Conrad has gone.

This transition from being a couple will take some time and I am so glad you will help me through this. Your kindness and care is so appreciated.

Thank you. Lucinda Douglas



***ANNOUNCEMENTS/NOTES FROM OUR LEADERS – March 2024***

***Board of Trustees***

The Trustee's committee has spent a great deal of time on the re-writing of Mayflower's Church Profile. This needs to be completed by March 1 and sent to the state conference for approval. Once we have received approval, we will be able to begin advertising and searching for a new pastor for Mayflower.



## **Christian Education- Transformation Station AKA Sunday School**

The Sunday School is exploring about how people help share their talents and faith to support Mayflower. The students have learned about Trustees, Deaconate, Mission and Outreach, and Christian Education. Bible verses were matched up with the Boards' duties and beliefs. The students were surprised about all the work behind the scenes and cooperative attitudes that keep things going. Thanks to all who support our faith community.

### **ADULT GROUP TO STUDY MARTYRS OF THE FAITH**

This is the plan starting in March, after we complete watching the video on "Questioners and Thinkers." To get a link for the 4P.M. Sunday zoom discussions, contact bobfritzmeier@yahoo.com, subject line "Adult Group;" or 712-899-6418, leave a voicemail.



## **Transition Team**



The transitions team met to brainstorm ideas and activities to be active in this time of transition. The ideas will be shared with the boards and committees to get feedback, other ideas, and the sequence of activities. It is essential that we stay connected, supportive, and faithful.

### **Multicultural Fair at Convention Center. March 17. 12 noon to 4pm**

The Transition Team will host a booth that tells the stories of faith and outreach at Mayflower Church. Many booths, talent stage, delicious foods for a fair price, opportunities to meet other community friends. Free entry. Mark your calendar.



## **Calico Kids Preschool**



Believe it or not, it is time for the preschool to start registering new students for next fall. Please help us spread the word and invite families to visit the school. The number is 255-7441. The director, Amber, and teacher, Melissa, will be happy to share brochures and information.



We had a special visitor today!  
Thank you [Dorothy Pecaut Nature Center!](#)

**Remember to keep saving your HyVee receipts.** This is an easy way to earn some funds for the preschool. The container for the receipts is on the windowsill as you enter the church. Thank you for your support.



## **Board of Mission and Outreach**

We were grateful for the help from dozens of students from Briar Cliff University! They assisted at two food giveaways and organized spaces in our basement kitchen, stage, and closet so we can continue our mission work. They baked dozens of cookies and pumpkin muffins. Linda and C. J. delivered them to the Warming Shelter to share with guests. We were fortunate that Briar Cliff instructor Wilfrido Suarez encouraged his students to volunteer at Mayflower!

Our sock drive for the month of February was a success! We donated dozens of pairs of socks to Erik's Closet at the Soup Kitchen. Watch for another drive in March!

We have kept the coat rack filled several times a week. We also made a large delivery of children's coats and winter apparel to Liberty Elementary. Despite the warmer weather, there is still a need for coats.

Project Good Neighbor, our mission work, is an important part of who we are at Mayflower. Check out our bulletin board in the West Parlor to learn about other ways we help in our community. Call Julie for information about how you can become involved. (712) 898-8208

### **Upcoming Dates:**

Sat., March 16, 2024 (9:00 am -10:00 am) Mayflower Food Giveaway

Mayflower Food Giveaway February 17, 2024					
	Vehicles/ transportation	Adults In families	Children In families	Families	Total people reached
Drive-ups	*60	*185	*180	*97	*365
Walk-ups	*4	*9	*6	*6	*15
Deliveries	*7	*19	*5	*15	*24
Totals #s	*71	*213	*191	*118	*404

Thank you to all the Volunteers: 13 + 10 = 23 total

Members	Friends of Mayflower
Julie	Colleen Guy
Linda	Deb Johnson
Brad	10 Briar Cliff students
Bob	Lucinda
Mary	Kathy
Karen	Gary
Sheena and daughter	

## **Briar Cliff Student Services:**

Once again Mayflower had the good fortune to have 35 students from BCU for their service location. Each student gave 8 hours of service, and several students gave more hours to help with the Food Give-Away on 2-17-24. All totaled 300 hours of service!!

Here are the jobs completed: Amazing!

Vacuumed West parlor/sanctuary/ altar area/balcony/all stairs.
Repaired the hinges for the Little Library door
Swept the basement floor
Filled Little Library with books for children and adults
Took glass door from a balcony project to the alley by the shed
Put grass seed on the Calico Kids playground
Filled the coat rack 3x
Put labels on 200 sandwich bags for the cookies and muffins
Finished putting signs on kitchen cupboard doors.

Revised a flier.
Paper shredding
Calendar picture project for Calico Kids
Make and bake cookies and muffins for Warming Shelter
Packaged cookies and muffins in sandwich bags and put in baskets.
Packaged apricots for food give-away.
Washed the basement floor and hallway.
Sweep floors in the balcony classrooms (not the storage room and not the office)
Worked at 2 Food Give-aways
Painted white shelves







# 100 years at Mayflower



We are traveling “memory lane” this year, as it’s the 100<sup>th</sup> anniversary of Mayflower’s building. As we acknowledge this, we will be sharing some pictures and ‘interesting facts’ of the last 100 years.

We would SINCERELY love having you come on Wednesdays, from 10:00 am – 12:00. pm. We are going through the archives of MANY things, and know that you probably have a story, or interesting fact, that you could share with the others.

In this space every month, we will be sharing some of those treasures with all of you. Please know, you are invited to come and go down memory lane every Wednesday from 10 – 12.

## *Stay tuned for information on the Celebration*



Here’s a picture of the installation of the cornerstone. As you can see, the building was actually built in 1923, but the congregation had their first service was held on June 22, 1924,

Here’s a picture of the inside of the sanctuary. The original organ was placed in the center of the altar area and the organist was hidden from view by a screen.

### **Fun Fact**

In 1895 a ton of coal was \$3.30 plus \$.70 for delivery.  
Coal was delivered once a month in the winter.  
Electric lights cost \$2.89 in January 1895.



**CALENDAR LOG ENTRY – March 2024**

- Sun. Mar. 3** Sunday School 9:45  
In-Person AND Virtual Worship on  
Facebook @ 11:00 am
- Sun. Mar. 10** Sunday School 9:45  
In-Person AND Virtual Worship on  
Facebook @ 11:00 am
- Sat. Mar. 16** Zesto's FoodShare 9:00 – 10:30 am
- Sun. Mar. 17** Sunday School 9:45  
In-Person AND Virtual Worship on  
Facebook @ 11:00 am
- Wed. Mar 20** Trustees Mtg. @ 6:00 pm
- Thur. Mar21** Deacons Mtg. @ 6:30 pm
- Sun. Mar.24** Sunday School 9:45  
In-Person AND Virtual Worship on  
Facebook @ 11:00 am  
LOG ARTICLES DUE
- Thurs. Mar. 28** Maundy Thursday
- Fri. Mar. 29** Good Friday
- Sun. Mar. 3** EASTER SUNDAY  
Sunday School 9:45  
In-Person AND Virtual Worship on  
Facebook @ 11:00 am

The Adult Group is learning from an online video about Questioners and Thinkers in the Christian Tradition. If you'd like to try out a 4 P.M. Sunday zoom with the Group, please contact Bob Fritzmeier, 712-899-6418 leave a voicemail; or [bobfritzmeier@yahoo.com](mailto:bobfritzmeier@yahoo.com), subject line "Adult Group."